



Jujie Luan Fencing Camps 2010



Edmonton Fencing Club
9937-60 Ave., Edmonton, AB T6E 0C7
edmontonfencingclub@yahoo.ca
edmontonfencing.com
Phone: (780) 434-3000

Competitive Camps **July 26-30 and August 23-27, 2010** **and** **High Performance Camp** **Aug 13-15, 2010**

Coaches:

JUJIE LUAN, 1984 Olympic Gold Medallist and Olympian in 2008, 2000 and 1988 will be Head Coach. Jujie has 25 years of coaching experience. As a Level 3 NCCP Certified Coach, Jujie has the skills and the knowledge to bring your fencing to the next level.

YIXUN MAO, former coach of Chinese Olympic Women's Sabre Team and coach of Olympic Silver Medalist in 2004 Olympics, is a sabre coach extraordinaire.

Venue: Edmonton Fencing Club, 9937 – 60 Avenue, Edmonton, Alberta, Canada T6E 0C7

Who Can Register:

Competitive Camps: Fencers must have at least 2 years of fencing experience and must be competing at the provincial level, preferably the National level. Fencers should be in excellent physical condition.

High Performance Camp: Fencers must have competed in a National event. (This rule will be strictly enforced). Enrolment limited. First come, first serve. **Open to Non-EFCers after March 31, 2010.**

Training Schedule: Training will begin at 8:30 am every day and will run to 4:30 pm with 45 minutes for lunch. The camp will be structured around improving high level skills and strategies in foil, epee and sabre. Improving physical fitness will be a key component of the camp. Each participant will receive private lessons from Head Coach Luan and/or Yixun Mao during the camp. (Additional private lessons are available from coaches.) *High Performance camp will be rigorous.*

Accommodations: Limited billeting is available for \$100.00 for Competitive Camps and \$50

for High Performance Camp. Host families will provide fencers with breakfast, lunch and dinner. **In order for billeting to be arranged, we must receive your registration one month before the camp.** You will be contacted as soon as possible as to whether or not we have been able to accommodate you.

The nearest hotel is:
Argyll Plaza Hotel,
9933 – 63 Avenue, Edmonton.
Phone (780) 438-5876

Fees:

Competitive Camps (5 days):

Non-EFC Members	\$400
EFC Members	\$300

High Performance Camp (3 days)

Non-EFC Members	\$250
EFC Members	\$200

Registration with a deposit of \$100 should be sent in as soon as possible in order to ensure an entry. **Final fee payment and waiver must be received by July 1 for July camp and Aug 1 for August camp.** Registration forms available on the EFC website: edmontonfencing.com A \$50.00 fee will be charged for late payment. Only cash or cheques, made payable to the Edmonton Fencing Club.

Free t-shirt included!

**Free pizza at camp competition on last day of camps!
Fencing, Fitness, Fun and Friendship!**





EDMONTON FENCING CLUB

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Date (MM/DD/YY) _____

Fencer's Last Name _____ First Name _____

Street _____ City _____ Postal Code _____

Home Phone _____ Cell/Work Phone _____ Email _____
(if registering a child, must be parent's email)

Birth Date (MM/DD/YY) _____ Age _____ Sex (circle) Male Female

Registering for _____ Years of Fencing Experience _____

AFA/CFF Membership Type (Required for all fencers, valid from September to August)

Categories (√)	AFA Passport #	Classification entitles member to:
___ Competitive (\$50)		Enter competitions in the AFA, CFF, and out of province circuit.
___ Associate (\$15)		Partake in classes/events at club and/or events not included in AFA Circuit. For coaches, referees and supporters of the AFA.
___ Upgrade (\$35)		If you already have a current Associate membership you may upgrade to a Competitive membership.

Please circle if you have ever been diagnosed or are currently taking medication for:

- | | | | |
|------------|----------------------|---------------|---------------------|
| Asthma | Respiratory Disorder | Heart Disease | High Blood Pressure |
| Hemophilia | Blood Disorders | Diabetic | ADHD, ADD |

I, the undersigned, release the Edmonton Fencing Club, its employees, directors and membership from any legal recourse or remuneration in the event of injury or death directly or indirectly related to the facility, employees or membership. I, the undersigned, also consent and agree to follow the safety rules and regulations set out by the Edmonton Fencing Club and its employees at all times while in the facility or while representing the club abroad. I further agree to abide by the rules and regulations of the Alberta Fencing Association and the Canadian Fencing Federation as they apply to me.

Signature _____ Date _____
(If under the age of 18, the signature must be of parent or guardian)

Printed Name of Parent/Guardian _____

Home Phone _____ Work Phone _____ Cell Phone _____

How did you hear about the Edmonton Fencing Club? _____

Are you able to volunteer a shift at a Casino (the EFC's major fundraising event)? Yes No

For Office Use Only:

Term	Class Code	Date paid	Amount	Chq # / Cash	Receipt #	Volunteer Cheque #
			EFC			
			AFA			

_____ EFC Database _____ AFA Database _____ Passport # Entered in EFC Database

Authorized EFC Signature